



EVENT DETAILS

- Date:** Monday, 8 February 2021
- Time:** 9.30am – 4.30pm
- Location:** TBC – in or near Adelaide CBD

Registration fee:

- \$200 AASW Members
\$280 Non-Members
\$120 Student Members
\$180 Student Non-Members

Who should attend:

Accredited Mental Health Social Workers

REGISTER HERE

Register online by 05/02/2021

Please direct any general queries about the event to the AASW SA office aasw.sa@aasw.asn.au

Learning outcomes

This workshop will provide knowledge that will assist social workers to solve therapeutic and interpersonal problems they confront every day in practice. It will provide tools to enhance the effectiveness of social work interventions, particularly when working with clients who have experienced trauma. The workshop will also provide observational tools to assess effectiveness of particular interventions.

This workshop will draw on neuroscience and the theoretical underpinnings of Radix Body Centered Psychotherapy. Participants will deepen their understanding of the key processes of presence, embodiment and grounding and their connection to emotional dysregulation and the therapeutic relationship, especially when working with trauma in their clients. They will be taught specifically how to observe the body and what to look for, to develop their ability to recognise when trauma is impacting on presence, embodiment and grounding and how to restore these processes.

This workshop can be claimed as 6 hours towards your FPS: Skills Training

About the Presenter

Anthea Fraser is a Radix Body Centred Psychotherapist (Certified 1997) and a Senior Trainer for the Australian Radix Training Centre. She is a Clinical Social Worker with over 35 years experience in the fields of mental health, community health, relationships and family work.

Anthea has been in private practice for over 20 years, continuing her work with adult survivors of childhood trauma, included Dissociative Identity Disorder. She also works with survivors of adult trauma including one off events, war veterans and victims of crime. Anthea is an experienced supervisor of allied health professionals and students.